



# *Teaneck High School Class of 2022 Junior Parent Night*



*The Teaneck Advantage: Educational Excellence for All*

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# Check List: Things to Do

- Register for Senior Courses
- Recommendation Letters
- Register for Spring SAT and/or ACT
- NCAA Clearinghouse
- Naviance



# Graduation Requirements

- 4 Years of English (20 credits)
- 4 Years of Math (20 credits)
- 3 Years of Science (15 credits)
- 1 Year of World History (5 credits)
- 2 Years of US History (10 credits)
- 4 Years of PE/Health/DE (20 credits)
- 1 Year of World Language (5 credits)
- 1 Year of Fine/Perf Art (5 credits)
- 1 Year of Practical/Career/Tech (5 credits)
  - Business, Technology, or Culinary
- 1 Year of Financial Literacy (5 Credits)
- 30 additional credits of electives

**Total: 140 Credits**

*+60 Hours of Community Service*

- ❖ Fine/Performing Art
  - Dance
  - Music (Vocal & Instrumental)
  - Art
  - Theatre/Tech Theatre
  - Public Speaking
- ❖ Financial Literacy
  - Economics
  - Dynamics of Business
  - Money Power w/ Tech Apps
  - Accounting
  - Financial Planning & Money Mgmt
  - College Success Seminar
- ❖ Practical/Career/Technical
  - All Computer Technology courses
  - All Business Courses
  - All Culinary Courses

# Types of Colleges



## Two Year Schools (e.g. BCC)

- Apply in February (ideal)
- No transcript until after graduation
- No SAT/ACT
- No letters of recommendation
- Qualifying students can apply for NJ STARS Program (Student Tuition Assistance Reward Scholarship)

## Four Year Schools (e.g. FDU)

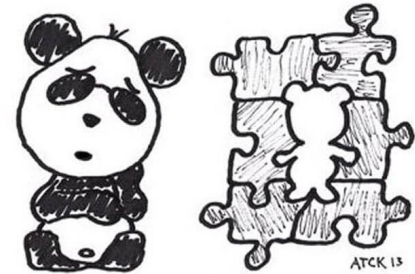
- Apply by deadline (October - January, mostly)
- THS needs to send information - transcripts, letters of recommendation
- Student needs to send materials - essay(s), SAT/ACT scores, etc.

# How to Decide

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Consider:

- School size (small, medium, large)
- Geographic location
- Private vs. Public (cost factor)
- Academic programs offered
- Admissions Criteria - GPA, Test Scores, Acceptance Rate
- Student Life/Extracurricular activities available
- Other services offered



"I KNOW I FIT IN...  
SOMEWHERE."

# College Visits

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Tour various campuses

- Looking at:
  - Library facilities
  - Residence halls
  - Campus security
  - Dining facilities
  - Campus setting
  - Athletics/Recreational facilities
- Consider being a student for a day
- Arrange for an interview if necessary
- Follow up with a thank you



# College Rep Visits



College representatives visit Teaneck High School often.  
You can check to see which colleges will be visiting by:

- Checking Naviance
- Listening For Announcements
- Visiting the Counseling Department

All visits will take place virtually.

THS - College Fair - TBA

Class of 2022 Google Classroom: **fwzm5z2**

# Application Forms



- Common Application: More than 800 colleges
- Coalition Application: 100+ colleges
  - (UMD, UWash, VTech- ONLY accept the Coalition)
- Common Black College Application: over 50 HBCU's
- School - Specific Application

Students should try to complete the fewest application forms possible!

Coalition is more time intensive than the Common App

\*Fee Waivers may be available for those who qualify for free/reduced lunch

# Main Application Options

## Early Decision (ED)

- BINDING - student makes a commitment to a 1st choice institution. (If student is admitted, they are attending)
- Not the best option if financial aid is a factor due to the notification timing
- Should visit school multiple times
- Deadlines: October - January

## Early Action (EA)

- NON binding
- Students apply early and receive a decision well in advance of the regular response date
- Need to check the details- may be Restrictive Early Action (REA) - the students may be restricted from applying ED or EA or REA to other institutions. If offered enrollment they have until May 1 to confirm
- Deadlines: October - December

## Regular/Rolling

- NON binding
- May notify on a rolling basis, or may notify all at once (in April)
- Have until May 1 to decide
- Deadlines: December - May, but earlier is better

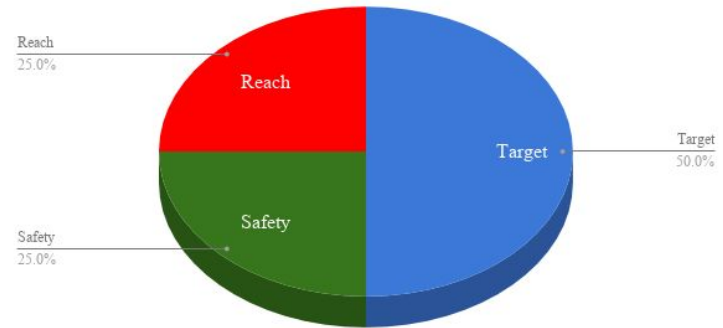
### NOTE:

Some schools may have a combination of all 3 types of deadlines.

# Apply to a Range of Schools



- Reach
- Target
- Security



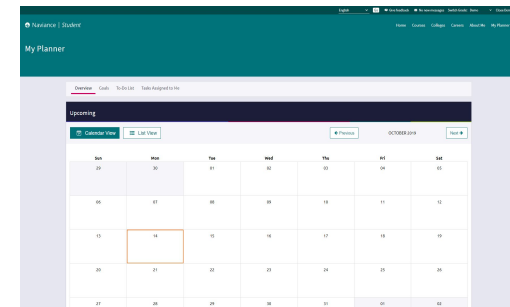
# Students-Get Organized

## Save Time, Effort and Sanity

Create a list of target schools:

- Visit each school's undergraduate admissions web page to gather information
  - Types of applications accepted, deadlines, items required, submission process, essay topics & financial aid forms
- When applying
  - Read and follow directions carefully
  - Answer all of the questions completely. Don't leave any blanks, unless the question doesn't apply.
  - Have the following:
    - Essay/Personal Statement/Supplementals
    - Recommendations
  - Send official SAT/ACT scores

Use a spreadsheet, checklist, calendar or whatever works!



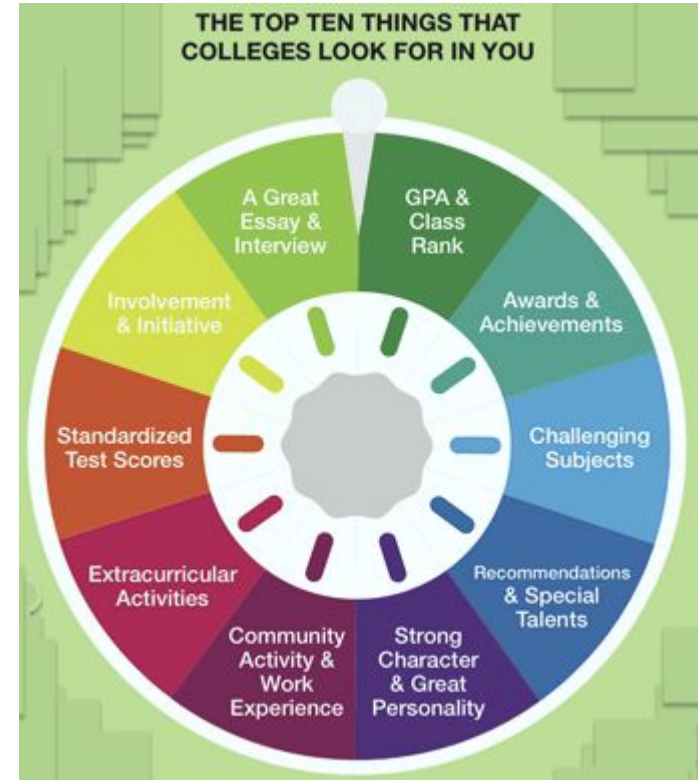
# Application Components

What do colleges need to make a decision?



# Colleges Look At...

- High School Grades
- Rigor of Courses Taken in High School
- Standardized Test Scores (if submitted)
- College Application Essays
- Extracurricular Activities
- Leadership Skills
- Recommendations
- Demonstrated Interest



# Your Transcript



- Includes grades for all courses taken from grades 9-11 and senior courses in progress
- Includes an unweighted and weighted GPA
- Official transcripts are sent by the School Counselor

However...

Some schools no longer require transcripts (e.g. Rutgers, Penn State, CA system schools, NC State, Pitt.)

- They require a Self Reported Academic Record (SRAR)
- Students need to enter each course and each grade into the school's online application system
- Students can ask for an unofficial transcript from Skyward

Community Colleges (e.g. BCC) require transcripts only after graduation

# SAT Tests



Go to [collegeboard.org](https://collegeboard.org) to register and find all SAT related information and deadlines

Cost: \$52 (no essay); \$68 (with essay)

Teaneck High School is a Test Center

Fee Waivers available for those who qualify for free/reduced lunch

Current upcoming tests in December, March, May, June (usually a test in August as well)

## IMPORTANT:

Your child should check each college website to see the last accepted test date, depending upon how they are applying.

Some schools will accept the Nov. 3 test scores for a Nov. 15 deadline, and some will not!

Scores are released to colleges 10 days AFTER the student receives the scores.

SAT Subject Tests are required by a handful of schools. Be sure to check school-specific testing requirements.

Few schools require the SAT with essay.

# THE ACT



Go to ACT.org for registration and all ACT related information.

Cost: \$55 (no writing); \$70 (with writing)

ACT Dates: December, February, April, June, July

Fee Waivers available for those who qualify for free/reduced lunch

Calculator allowed throughout math section (cannot use calculator on parts of SAT)

## **Don't Forget!**

There are many test-optional schools

[www.fairtest.org](http://www.fairtest.org)

# Testing Accommodations

- Students who have IEPs, 504s, or ESL accommodations at Teaneck High School may be eligible for SAT and/or ACT testing accommodations
- Parents should contact school counselors to complete a consent form
- Approval decisions are made by the testing company, not THS



# THE SAT

## VS

# THE ACT

- Fewer Geometry Questions
- More Time per Question
- No-calculator Math Section

## KEY Differences

- Lots of Geometry
- Faster Paced
- Tough Science Section



Overall Time

Reading

65m

Writing

35m

Math  
(No Calculator)

25m

Math  
(Calculator)

55m

## TIMING & SCORING

200 - 800 points

200 - 800 points

Total Points

400 - 1600



Overall Time

1-36

1-36

1-36

1-36

35m

Reading

45m

English

60m

Math

35m

Science

1 - 36

Total Points

# Sending Scores



- Some schools accept self-reporting of scores. Check the school's requirements!
- A majority of schools require scores directly from the testing service (College Board or ACT)
- Request via online account at LEAST three weeks before the deadline
- 4 free score reports when registering for SAT's up to 9 days after test taken (unless fee waiver); after that, **\$12** per report
- 4 free score reports for ACT until Thursday after test date (unless fee waiver), after that **\$13** per report

## TESTING WEBSITES

[www.collegeboard.org](http://www.collegeboard.org)

[www.actstudent.org](http://www.actstudent.org)

# Recommendation Letters

- School Counselor Letter of Recommendation\*
- Two Teacher Letters of Recommendation
- Character Reference Letter (optional but many scholarships require it)



**\* Students must fill out the Student Brag Sheet on Naviance in order for their Counselors to complete the counselor recommendation.**

Where Can I Find the Brag Sheet?

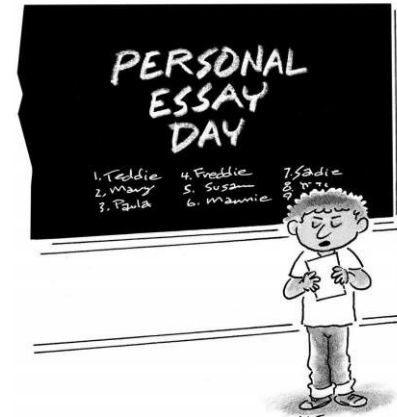
→ Log into Naviance → Click “About Me” → Click “My Surveys” → “Surveys Not Started” → Student Brag Sheet and Parent Brag Sheet

**Save the brag sheet frequently as you fill it out!**

Students should first ask their teacher(s) for recommendations in person (via email during COVID), and then make the request in Naviance.

# Essay or Personal Statement

- MUST be the student's own original work, written in the student's voice
- Not required by all schools
- Some schools require the personal statement along with other essays or short answer pieces
- EDIT EDIT EDIT- teachers and school counselors can proofread
- Students may work on the college essay in junior year or senior year English class



# THS Process Overview

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# Naviance

What is Naviance?

- The gateway to post-secondary planning
- Based on Teaneck High School data
- The fast track to finding all the information about a college
- Provides career exploration via the Career Interest Profiler & other tools
- The online filing cabinet and submission process for student transcripts, letters of recommendation, and mid-year reports



Please reach out to your child's counselor to access Naviance if you do not have access already!

<https://student.naviance.com/teaneck>

# Naviance College Exploration Tools

- College Searches: ***Advanced Search, Super Match, College Compare, College Match***, and more
- See which colleges are hosting virtual THS visits and sign up
- Save preferred colleges in “***Colleges I’m Thinking About***”
- Summer/Senior Year move to “***Colleges I’m Applying To***”
  - Indicate: Early Decision, Early Action, Regular, Rolling
- At THS, counselors submit transcripts and letters to colleges electronically through Naviance.



# IN ORDER FOR THS TO SUBMIT OFFICIAL TRANSCRIPTS & LETTERS OF RECOMMENDATIONS TO COLLEGES:

## THE COUNSELOR MUST HAVE:

1. Student Brag Sheet
2. Parent/Guardian Brag Sheet
3. Parent Transcript Consent Form (submitted only once)
4. Student Transcript Request Form (submitted as many times as needed)
5. Activities List

If student is planning to apply to a college **Early Decision** or **Early Action**, start planning early.

**ALL applications require the Parent Transcript Consent form and Student Request forms** so that transcripts and letters of recommendation can be sent in a timely manner. **These forms are due to counselors at least 10 school days prior to the deadline.**

# Other Important Information

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# Financial Aid



- It's all about the FAFSA!!!!

Free Application for Federal Student Aid- [www.studentaid.ed.gov](http://www.studentaid.ed.gov)

➤ Familiarize yourself with Federal [Pell GRANTS](#) and [subsidized LOANS](#)

- File the FAFSA & CSS Profile starting October 1st of senior year at [www.FAFSA.org](http://www.FAFSA.org).
  - College Scholarship Service Profile, is an online application created and maintained by College Board that allows college students to apply for non-federal financial aid. There is a cost associated. [cssprofile.collegeboard.com](http://cssprofile.collegeboard.com)
- For NJ State Grants and Loans, go to [www.HESAA.org](http://www.HESAA.org).
  - Familiarize yourself with [NJ TAG Grant](#) , [NJ EOF/EOP](#), and the [NJ Community College Opportunity Grant](#)
- THS ANNUAL FAFSA/ Financial Aid Night - Fall of Senior Year

**Deadlines are CRITICAL - and vary by schools and decision plan**

# NJ STARS

(New Jersey Student Tuition Assistance Reward Scholarship)

- Scholarship covers tuition for NJ community colleges

## Requirements:

- Top 15% of class
- In past, weighted class rank has determined eligibility
- Students must complete a rigorous series of high school courses
- Learn more via this hyperlinked [pamphlet](#)



# Scholarship Information

- To [learn about and find scholarships](#) go to:
  - the U.S. [Department of Labor's FREE scholarship search](#) tool
  - [Goingmerry.com](#)
  - [Fastweb.com](#)
  - [Cappex.com](#)
  - [JLVCOLLEGECOUNSELING.com](#)
- Check each of our colleges' Merit Scholarship web pages for scholarship consideration guidelines
  - Some have earlier FAFSA Filing Deadlines
  - Some have earlier Admission Deadlines
  - Sometimes specific scholarships may require additional materials (e.g. essay)



- Check the Class of 2022 College & Career Google Classroom (code is fwzm5z2)
- Other helpful resources:
  - [Net Price Calculator](#)
  - [College Score Card](#)

# NCAA Clearing House

- In order for athletes to be eligible for Division I & II, the NCAA eligibility registration must be completed online.
- Register online with the NCAA  
[www.ELIGIBILITYCENTER.ORG](http://www.ELIGIBILITYCENTER.ORG)
  - They host webinars for students and their families.
  - [Navigating Initial Eligibility During COVID-19](#)
- Submit the [NCAA Transcript Release](#) form to your School Counselor



# THS College Visits... virtual for now



Various college reps visit weekly!

Steps:

1. Sign-in to [Naviance Family Connection](#)
2. Find the “What’s New” area in the home screen (lower right)
3. The next three visits are automatically displayed
4. Click on “Show More” to see the full list
5. Once you find a college of interested, click on “More Info” and sign up

# HOW PARENTS CAN HELP

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- Dialogue with your son/daughter about your opinions on: living on-campus vs living at home, in-state vs out-of-state, loans, starting at a 2-yr vs 4-yr college, etc.
- Encourage organization and prioritizing
- Help make a plan
- Hang college application calendar or checklists in a common area (kitchen, etc.)
- Set weekly times to review progress/status
- This can be a **fun** journey for you and your teen

# Final Tips for Parents

Be supportive

Be a sounding board

Be a proofreader

Use Naviance for communication,  
research and surveys

Ask your son/daughter — How can I  
help???





*The Teaneck Advantage: Educational Excellence for All*

Questions???

